# Rugby Club Update Oct 23

### 70th Anniversary Year

I must start with another big thank you to everyone that attended our Family Day on the 19th August which kicked off the celebrations for our 70th anniversary year. We had a great turnout with some of the highlights including unveiling our Charity of The Year (*Myeloma UK*), a Q&A with Gloucester and England's Ben Morgan and several other family themed events.

#### Harness the Power

You may have also seen on our various social media accounts that we have launched our "Harness The Power" Crowdfunding page. You can visit the page to find out more. We are trying incredibly hard to reduce our carbon footprint and reduce our ongoing costs which have increased significantly over the last 18 months. Any support would be greatly appreciated.

Reflecting on the event and the launch of our Crowdfunder it also seemed like a perfect time to highlight all the wonderful things that happen at the club outside of our Rugby Activities. First and foremost, you will be aware of our great relationship with <u>Dursley Running Club</u>, <u>Triathlon Club</u> and <u>Stinchcombe Stragglers Cricket Club</u> who are based on the same site and are very much an integral part of everything we do.

We really are a club that caters for the ages of 3-83.

#### Other clubs on site

<u>Walking Rugby</u> — This is for men and women of all ages who find running a bit of a challenge. It is a great way to keep fit and it is basically touch rugby, with participants walking

rather than running. You do not have to have any rugby experience to join or enjoy it. We play outdoors at the rugby club during the summer on Tuesday evenings 6.00-7.00pm and indoors over the winter.

<u>Touch Rugby</u> — This is a fantastic sport for keeping fit. It also allows men & women of all abilities to take to the field together. We play to England Touch Association rules. You don't have to have had any rugby experience at all to play. It's also great fun! All are welcome from age 14 upwards. No unaccompanied children please — at least one parent must join in.

<u>Crocks Gym</u> — Open and available for all. You do not have to be a member of any of our sports clubs, or to be a member of the gym. Open 365 days a year and open at reasonable prices. Get expert help and advice as part of the membership package.

<u>Minnows Rugby</u> — Minnows sessions are for children aged from 3 to school entry and are now run independently of Dursley rugby club. Both parties have agreed to maintain an association to support the transition of players into the club for under 6's.

Minnows' sessions will take place at Stinchcombe village hall and occasionally outside at Dursley rugby club (weather depending) on Saturday mornings between 9:00-10:35. Sessions will follow school terms with breaks during these holidays.

**Cricket** — We provide the opportunity for members of our club to play Saturday League cricket. Also, midweek Friendly cricket, Ladies softball cricket and youth cricket for all age groups in the summer months. Together with evening training for all ages and abilities. Newcomers are welcome.

#### Other events

Outside of sporting events we are also incredibly proud to host the following groups at the club regularly.

- Slimming World
- Rotary Club
- TGIF making the club into Stinchcombe's local
- The clubhouse is open for private bookings as well

Throughout the year we will provide some further updates on the above. If any of the event's sound like they might be of interest, reach out to us and we will put you in contact with the relevant organiser.

We are ambitious and inclusive with a focus on sustainability and building community

Phil Sprague

## TGIF Questionnaire

### Your opinion is sought

The Rugby Club kindly agreed to open their bar to the village on certain Fridays, as the village doesn't have a pub where everyone can meet and socialise. There were only 10 of us at the recent TGIF. Whilst it was pleasant enough for us, it is now uneconomical for the staff.

We need to decide on the future and the format of the event. Therefore, we would appreciate if as many villagers as possible could kindly complete the questionnaire by the end of the month.

Please reply by 31st October.

TGIF Questionnaire