Village Hall Update October 2023

AGM and Vacancies

This years **Village Hall AGM** will be on Tuesday 14th November from 7:30pm, all residents from Stinchcombe and surrounding Parishes are very welcome to attend.

If you would like to join the Committee this is a good first meeting to ask questions.

We also require a Treasurer too as our long-standing Treasurer, Sarah Tweed is standing down to spend more time travelling. If you are good with spreadsheets (not too many) you should contact any of the Committee, contact details are ***here*** or email ***stinchcombehall@hotmail.com***

Improvement Project and Fundraising

It is an exciting time with the improvement project gathering momentum. There are also some great new and different fundraising events planned. Remember the Hall belongs to the residents of Stinchcombe and as a committee member you will have a say in its management and its future. It would be even better if some of the younger newer residents were to step up as you are the future in Stinchcombe and we want you to have your say! We meet about 8 times a year in the evening for around 90 minutes.

Volunteers needed

We have a few people who volunteer to help from time to time, but we could do with a couple more, this is to help set up events (putting out tables and Chairs, helping with the Bar

and catering, erecting the Marquee etc…) As above please get in contact .

Charlie Oakhill (Chairman)

Rugby Club Update Oct 23

70th Anniversary Year

I must start with another big thank you to everyone that attended our Family Day on the 19th August which kicked off the celebrations for our 70th anniversary year. We had a great turnout with some of the highlights including unveiling our Charity of The Year (***Myeloma UK***), a Q&A with Gloucester and England's Ben Morgan and several other family themed events.

Harness the Power

You may have also seen on our various social media accounts that we have launched our "***Harness The Power***" Crowdfunding page. You can visit the page to find out more. We are trying incredibly hard to reduce our carbon footprint and reduce our ongoing costs which have increased significantly over the last 18 months. Any support would be greatly appreciated.

Reflecting on the event and the launch of our Crowdfunder it also seemed like a perfect time to highlight all the wonderful things that happen at the club outside of our Rugby Activities. First and foremost, you will be aware of our great relationship with ***Dursley Running Club***, ***Triathlon Club*** and ***Stinchcombe Stragglers Cricket Club*** who are based on the same site and are very much an integral part of everything we do.

We really are a club that caters for the ages of 3-83.

Other clubs on site

Walking Rugby – This is for men and women of all ages who find running a bit of a challenge. It is a great way to keep fit and it is basically touch rugby, with participants walking rather than running. You do not have to have any rugby experience to join or enjoy it. We play outdoors at the rugby club during the summer on Tuesday evenings 6.00-7.00pm and indoors over the winter.

Touch Rugby – This is a fantastic sport for keeping fit. It also allows men & women of all abilities to take to the field together. We play to England Touch Association rules. You don't have to have had any rugby experience at all to play. It's also great fun! All are welcome from age 14 upwards. No unaccompanied children please – at least one parent must join in.

Crocks Gym – Open and available for all. You do not have to be a member of any of our sports clubs, or to be a member of the gym. Open 365 days a year and open at reasonable prices. Get expert help and advice as part of the membership package.

Minnows Rugby – Minnows sessions are for children aged from 3 to school entry and are now run independently of Dursley rugby club. Both parties have agreed to maintain an association to support the transition of players into the club for under 6's.

Minnows' sessions will take place at Stinchcombe village hall and occasionally outside at Dursley rugby club (weather depending) on Saturday mornings between 9:00-10:35. Sessions will follow school terms with breaks during these holidays.

Cricket – We provide the opportunity for members of our club to play Saturday League cricket. Also, midweek Friendly cricket, Ladies softball cricket and youth cricket for all age

groups in the summer months. Together with evening training for all ages and abilities. Newcomers are welcome.

Other events

Outside of sporting events we are also incredibly proud to host the following groups at the club regularly.

- Slimming World
- Rotary Club
- TGIF – making the club into Stinchcombe's local
- The clubhouse is open for private bookings as well

Throughout the year we will provide some further updates on the above. If any of the event's sound like they might be of interest, reach out to us and we will put you in contact with the relevant organiser.

We are ambitious and inclusive with a focus on sustainability and building community

Phil Sprague

Notice of Vacancy

NOTICE OF VACANCY IN OFFICE OF COUNCILLOR

PARISH OF STINCHCOMBE – NOTICE IS HERBY

GIVEN

that a casual vacancy has arisen in the Office of Councillor for the Stinchcombe Parish Council.

If by THURSDAY 19th October a request for an election to fill said vacancy is made in writing to the Returning Officer at the address below by TEN electors for the said Parish, an election will be held to fill the vacancy, otherwise the vacancy will be filled by co-option.

Dated 29th September 2023

Nola Bradley

Clerk to the Parish of Stinchcombe

Returning Officer
Stroud District Council
Council Offices
Ebley Mill
Ebley Wharf
Stroud
Glos
GL5 4UB

Dursley United Charity

DURSLEY UNITED CHARITY
Education Grants – 2023

Charity Number 248960

Dursley United Charity invites applications for grants from those living in Dursley, Uley, Stinchcombe or Cam attending education courses.

Grants are awarded on a discretionary basis in October, and are for smaller items rather than course fees.

Application forms are available from the clerk:

Elizabeth Oakley
Clerk, D.U.C.

clerkatduc@gmail.com

Tyndale Arts 2023

Tyndale Arts, 5th October – 8th October

Tyndale Arts is a testament to the spirit and talent of our local artists, who generously volunteer their time and expertise to bring this event to life. Over the past seven years, our event has grown from a simple idea into a thriving platform for affordable art, showcasing the incredible talent that resides in Cam, Dursley, and the surrounding areas. It is an entirely community-led event organised and run by local artists who volunteer their time and expertise.

This year, Tyndale Arts will take place from October 5th to October 8th, beginning on Thursday 5th with "***Cut and Construct; the Craft of a Costume Maker***", a fascinating talk

at Kingshill House by Lois Edmunds, part time costume making tutor at Bristol Old Vic Theatre School and a freelance costume maker.

This will be followed over the weekend of 7th and 8th October by exhibitions featuring a diverse range of artists in six shared venues throughout Dursley. We are proud to provide up to 45 artists, including several from Stinchcombe, with the opportunity to exhibit and sell their work, offering a unique and enriching experience for both artists and visitors.

More details of the talk, exhibitions and artists can be found at ***www.tyndalearts.co.uk***.

Stinchcombe Village Hall Autumn Update

Extension and Improvement Project

Following several public consultations earlier in the year The Village Hall Trustees have made changes to the design of the Hall extension and prioritised the installation of acoustic panels which were highlighted concerns from a few local residents. Full Planning permission was obtained for this improvement project, and we have obtained quotations from 4 local Builders. We are currently applying for Grant funding and planning several Fundraising events; details of events will be announced shortly. Subject to raising sufficient funds we hope to commence work in around 12 months.

Stinchcombe Village Hall Classes & Clubs

At the consultations it became apparent that a few people were not fully aware of current events and activities at the Hall, these are all listed on the ***Hall website*** and listed below.

Better Balance



About Better Balance

Tuesdays, 12:45pm-1:45pm.

Our classes are designed for those who have had a fall or are concerned about their balance. Classes consist of a mixture of chair based and standing exercises.

Anyone who feels the classes could benefit them are eligible to attend. You can either self-refer or be referred by a health professional to participate in the classes. Please complete referral form ***here***.

The Better Balance scheme promotes balance and confidence while helping to:

- Prevent falls and improve stamina
- Increase strength, mobility and flexibility
- Lower the risk of osteoporosis
- Improve blood pressure and cholesterol

Blood Donors

Regular sessions are held in the main Hall, ***Book online***.
Telephone 0300 123 23 23

Boogie Shoes Line Dancing



Every Thursday with classes for all levels

- 7:00pm – 8:00pm Beginners
- 8:00pm – 9:00pm Improvers
- 9:00pm – 10:00p Intermediate

We hold line dance classes on a weekly basics to learn all the new dances coming out.

Our club is made up of people of all ages and gender who enjoy making new friends and just simply like having fun!!!
They enjoy spending time together at our Classes and Events.

- Tel: 07810 821558
- email boogie_shoes@live.co.uk
- Facebook http://www.facebook.com/boogieshoes
- ***Website***

Cam & Dursley Table Tennis Club



Tuesdays at 7.30pm

The Club is open to anyone interested in the game of table tennis.

Visitors are always welcome but to ensure the Club is open and

there are table available, it is preferable to ring NIGEL MEREDITH (tel 07884435122 or 01453 546795) or email tt2u2013@gmail.com. Table subs are £4 a night for normal club nights, and membership is £17 a year if you decide to join.

The Club has three teams in the Stroud Table Tennis League and have home matches on Tuesday evenings from September to March. However, there are usually practice tables even when matches are being held.

Cook Stars

Kids Cooking Classes

Tuesdays 3:45pm-5:00pm Minis and Juniors, ages 2-11

At Cook Stars we take care of all the preparation to make it easy for your Children to simply come along and enjoy our sessions. All ingredients, cooking equipment, an apron, packaging and cooking know-how is provided! Everyone takes home their lovely dish along with a recipe card to cook again at home. We even see to the clearing away and washing, we provide everything you'll need to cook we also treat children to a craft activity and a snack to keep them entertained during cooking time.

There's lots of opportunity to experiment with different preparation methods….weighing, measuring, shape cutting, decorating, rolling and much more! We learn about different ingredients, try new foods and develop useful life skills. We

believe the secret to pleasurable learning is though ‘play’ so we keep our class sizes small to tailor our support and encourage individuals whilst we cook up a wide range of delicious dishes.

Claire Langran

- Tel: 07947 906246
- email: ***claire@cookstars.co.uk***
- ***Website***

Dance Classes for children aged 2 years & up!

Mondays 5:15 – 6:15pm for Tap & Jazz for 8+
Thursdays 10:00am – 10:45am for Pre-schoolers 2-4 years

Tap & Jazz for ages 8+

This class is all about learning brand new skills in tap dance & jazz. From beginners to children with some experience we welcome you all! Each class focuses on exercises to better your technique in both genres followed with a routine at the end of the class that you will continue to work on for a few weeks.

Pre-schoolers class

Our preschool class is all about learning new dance moves & techniques, making new friends, building your little ones confidence & most of all, having fun! We want to encourage children to be themselves and to always make learning new things fun! Grown-ups are welcome to stay in class & watch.

ALL CLASSES OFFER A 2 WEEK TRIAL PAY ON THE DAY!

- Contact: amy.addle@sky.com
- Tel: 07807 850253
- Facebook/Instagram: amyaddledance

Dursley & District Flower Society

Every 2nd Monday in the Month

Learn to arrange and enjoy flowers. Watch demonstrations by experts. Visit shows and festivals. Sales Table with containers and accessories. Meet every 2nd Monday in the Month 1.45 p.m. for 2.00 p.m. Anyone is welcome to join – modest subscriptions. You do not need to buy flowers regularly. You may attend as a visitor before joining the Society.

- For further information contact: Margaret Wannell 01453 546200

Dursley Rugby Minnows

Dursley Minnows Rugby is a rugby-based play program aimed at pre-school children from ages 2-school entry. The sessions focus on building motor skill development and confidence for pre-school children to develop a love and enjoyment of exercise as they progress to school. We run separately to Dursley Rugby Club, however, maintain a close association to support the transition of players and parents to Dursley Rugby Club for under 6's.

Contact: Arron

- email: ***dursleyminnows@gmail.com***
- phone/WhatsApp: 07802796179.
- Dursley Rugby Club ***website***

Dursley Karate Club

Every Wednesday from 8pm

The club is an adult only club.

We accept new beginners at the start of each month. You can visit our Facebook page to leave a message. https://www.facebook.com/dursleywadokarate

- Contact: For more information Tel: 07768 241522

Fit Fix Exercise Classes

Every Monday at 6.30pm

Our classes are martial arts & boxing to motivating & empowering music designed to tone muscle & burn fat. It challenges all parts of the body with high & low impact options to suit your personal fitness ability. We warmly welcome men & women wanting to make improvements to their health & well-being and of course have some laughs along the way. Mondays at 6.30pm. Yes, you can just drop in.

Contact:

- Please phone Sam Cairns on 07793 755240 for any additional information.

Floating Lotus Yoga

Wednesday's 6:30 – 7.30pm

The village hall has a wooden floor and is within easy access of Dursley, Cam and surrounding areas. Its rural location guarantees a peaceful place to practice yoga. Ample on-site

parking is available.

- Contact us Tel: 07932 113893

Palette Club

Wednesdays 9.30 – 12.30 in the Committee Room

We meet to paint together 9.30 – 12.30 every week. We enjoy occasional demonstrations, workshops and outings to sketch or visit exhibitions.

- Contact ***angelascrivin@btconnect.com***

Stinchcombe History Society

Stinchcombe History Society hosts talks and exhibitions which are advertised on the Village Hall calendar, Stinchcombe e-news, Stinchcombe newsletter, local Facebook pages and local notice boards.

- Contact ***trudychinn@googlemail.com***

Tiny Toads Stinchcombe Playgroup



Mondays 10:00am – 11:30am

A welcoming stay and play group for babies and toddlers (0-4s) and their parents/carers. . This is a community run traditional playgroup, all are welcome! Come and join us for some fun with the little ones. Meet other like-minded parents whilst the Children play. Tea, Coffee and snacks included. Booking is essential – search ***Eventbrite 'Tiny Toads Playgroup'***.

Zumba with Ali

Tuesdays 6pm – 7pm

Latin dance inspired fun fitness classes for any age and ability. Beginners very welcome. £5 pay as you go.

Contact

- Tel 07305 944691

- ***https://www.zumba.com***

Disposal of batteries

Safe disposal of batteries (a further reminder!)

Residents are being warned not to discard batteries at home after a fire was started in a recycling truck.

The incident occurred when a crew from Stroud District Council's waste and recycling partner, Ubico, was collecting recycling in Stonehouse earlier this month. After the contents of a bin had been deposited and then compacted, the crew heard an explosion and saw smoke coming from the back of the truck.

Gloucestershire Fire and Rescue Service attended and extinguished the fire. It is thought that the cause was a discarded battery or an e-cigarette. Hundreds of fires are caused by crushed or damaged batteries and gas cylinders incorrectly discarded in waste and recycling trucks and recycling centres across the UK every year.

Batteries, vapes, and electrical items should never be put in household waste or recycling containers. They can explode and cause fires when crushed, so they need to be disposed of separately. They can be disposed of at various locations across the district, including most supermarkets and household waste and recycling centres.

Use the Stroud District Council's *Waste Wizard* to find out how to dispose of batteries, vapes and all electrical items

safely.

A video by campaign group Recycle Your Electricals and the National Fire Chiefs Council reiterates the importance of recycling batteries separately from household waste and recycling.