Remember if you are self-isolating

Stay at Home Guidance for those Self Isolating

Coronavirus Scams!

This is a good time for scammers to prowl while people are alone and vulnerable at home…..

Community help hub

Gloucestershire’s councils and partners have created a community help hub to connect local people who need help, with others who can provide the support they need.

A list of free, online, boredom-busting resources!

https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home

GoodSAM – NHS Volunteering

We need an ‘army’ of volunteers who can support the 1.5m people in England who are at most risk from the virus to stay well.

Coping with Quarantine

One of these leaflets sent by the government, written to people who don’t have common sense!

Editorial

Why we should not panic. This is the time to keep calm.